

To: - *Health Care Provider*  
- *Therapist (PT, OT & Speech)*  
- *Psychologists*

- *Social Workers*  
- *Special Education Teachers*  
- *Pediatricians*



*Prince Salman Center for Disability Research  
is pleased to invite you to attend a*

***Lecture on:***

## **Therapeutic Recreation**

Recreation is a critical dimension of the quality of life for all people, including those with developmental disabilities. There are a vehicle through which people have fun, meet new friends, and develop skills and competencies. The Therapeutic Recreation program provides services to children, adolescents, adults, and the geriatric population. It focuses on the abilities of the patients, as well as teaching them new skills to cope with disabilities. Adaptations for leisure interests are assessed and initiated according to patient needs and abilities. The ultimate goal of Therapeutic Recreation is independence and satisfying leisure involvement for each individual. This goal is met through leisure skill development, recreation participation in group and or individual sessions and community reintegration when deemed appropriate by the therapy team. Therapeutic Recreation compliments and promotes patients to carry over newly learned therapy skills to real life situations through the use of various recreational activities. Approach to treatment addressing the patient's psychological, social, and spiritual concerns, in an effort to provide the best possible quality of life. Therapeutic Recreation reduces boredom, fosters a sense of accomplishment and enhances psycho-social supports within the patient's community.

### **Speaker**

## **Mohammad Omar H. Solan**

Recreational Therapist  
Rehabilitation Hospital  
King Fahad Medical City  
Riyadh, KSA

**Day:** Tuesday  
**Date:** 9 June 2009G (16 Jumada Al Thani 1430H)  
**Time:** 1:00 – 3:00 pm  
**Venue:** PSCDR, Diplomatic Quarter, Riyadh

✚ *The lecture will be delivered in English*

*For more information contact Academic and Training Affairs:*

Toll Free: 800 1222200      Tel: 01 4884401 Ext. 577      Fax: 01 4820232 / 01 4884628  
Email: [ATA@pscdr.org.sa](mailto:ATA@pscdr.org.sa)      Website: [www.pscdr.org.sa](http://www.pscdr.org.sa)

